

Health & Harmony Massage, LLC

Now offering the Bellanina Facelift Massage

This relaxing massage-oriented treatment will help nourish the facial skin while firming the muscles by gently increasing blood and oxygen circulation and releasing toxins. It improves the radiance of the skin while it tones muscles and softens fine lines and wrinkles. Bellanina also offers symptomatic relief for those with stress, headaches, migraines, TMJ, and sinus problems.

The Bellanina treatment begins by cleansing the face; a full 30 minutes is devoted to massaging the face, neck, and shoulders. The signature Honeylift Massage is then provided to restore muscle tone and elasticity. Warm towels are utilized throughout the treatment to re-hydrate, soothe, and relax. Gentle acupressure points are emphasized to release muscular tension. The hands, feet, and scalp are massaged to complete this delightful treatment.

Rates and Packages Available:

- ✓ Bellanina Facelift Massage (one hour treatment) *\$65*
- ✓ 30 Minute Massage with Bellanina Facelift Massage
(90 minute treatment) *\$95*
- ✓ 60 Minute Massage with Bellanina Facelift Massage
(two hour treatment) *\$120*

Contact Health & Harmony today for your appointment!